



This BRAIN SPEED graph demonstrates:

- **The AVERAGE GROUP Brain Speed BEFORE participating in the *Ready4SUCCESS* program and**
- **The AVERAGE GROUP Brain Speed AFTER completing the 20 week *Ready4SUCCESS* program**

BRAIN SPEED is an indicator of visual and auditory sequential processing, or **working memory**.

Working memory is the ability to retain and manipulate information during short periods of time. This is an essential skill for the development of cognitive processes such as learning, reading and comprehension.